

## DISCRIMINATION-RELATED RESOURCES

### Local:

#### On-Campus

RWU Public Safety: 401-254-4357  
They can connect you to the CORE on duty  
Contact your RA!  
Office of Student Conduct and Community  
Standards: 401-254-3042  
Intercultural Center: 401-254-5422

#### Off-Campus

Day One Crisis Center: 401-421-4100  
Bristol Police Department: 401-253-6900

### National:

- Understanding Prejudice- [www.understandingprejudice.org](http://www.understandingprejudice.org)
- Teaching Tolerance- [www.tolerance.org](http://www.tolerance.org)
- 10 Ways to Fight Hate on Campus- [www.tolerance.org/campus/index.jsp](http://www.tolerance.org/campus/index.jsp)
- The Civil Rights Coalition for the 21<sup>st</sup> Century- [www.civilrights.org](http://www.civilrights.org)
- Project Implicit- <https://implicit.harvard.edu/implicit>
- Gender Public Advocacy Coalition- [www.gpac.org](http://www.gpac.org)
- American Civil Liberties Union- [www.aclu.org](http://www.aclu.org)
- Anti Defamation League- [www.arc.org](http://www.arc.org)
- Gay and Lesbian Alliance Against Defamation (GLADD)- [www.gladd.org](http://www.gladd.org)
- Human Rights Watch- [www.hrw.org](http://www.hrw.org)
- Mavin Foundation- [www.mavinfoundation.org](http://www.mavinfoundation.org)
- National Association for the Advancement of Colored People- [www.naacp.org](http://www.naacp.org)
- National Organization for Women- [www.now.org](http://www.now.org)
- Southern Poverty Law Center (SPLC)- [www.splcenter.org](http://www.splcenter.org)

## RELATIONSHIP/ABUSE VIOLENCE-RELATED RESOURCES

### Local:

#### On-Campus

RWU Public Safety: 401-254-4357  
They can connect you to the CORE on duty  
Contact your RA!  
Office of Student Conduct and Community  
Standards: 401-254-3042

#### Off-Campus

Day One Crisis Center: 401-421-4100  
Bristol Police Department: 401-253-6900

### National:

- Internet Keep Safe Coalition- [www.ikeepsafe.org](http://www.ikeepsafe.org)
- National Center for Victims of Crime- [www.ncvc.org](http://www.ncvc.org)
- Emerge Center Against Domestic Abuse- 1-888-428-0101
- National Domestic Violence Hotline- [www.ndvh.org](http://www.ndvh.org), 1-800-799-7323
- National Coalition Against Domestic Violence- [www.ncadv.org](http://www.ncadv.org), 1-800-799-7323
- Domestic Abuse Intervention Project- [www.duluth-model.org](http://www.duluth-model.org)
- Domestic Abuse Helpline for Men- [www.noexcuse4abuse.org](http://www.noexcuse4abuse.org), 1-888-743-5754
- Love Is Not Abuse (Liz Claiborne Program)- [www.loveisnotabuse.com](http://www.loveisnotabuse.com)
- National Teen Dating Abuse Helpline- [www.loveisrespect.org](http://www.loveisrespect.org), 1-866-331-9474

# RESOURCES FOR BYSTANDER INTERVENTION

## Bystander intervention

Excuse me, but I heard what  
you said and saw what you did,  
and that is really not OK.  
You can't treat people like that.  
I am going to step up and  
say something or do something.



is a superpower.



## WHAT IS A BYSTANDER?

A bystander is someone who “stands by” or observes a potentially problematic situation without doing anything.

Often we are bystanders even when the person or situation is personally offensive to us or conflict with our core values and beliefs.

Learning how to be an “engaged bystander” and intervene in problematic situations is one of the characteristics of an effective leader.

Bystanders are the largest group of people involved in violence – they are greatly outnumbered both the perpetrators and the victims. Bystanders have a range of involvement. Some know that a specific incident is happening or will happen, some see an incident or potential situation in progress. Regardless of how close to the incident they are, bystanders have the power to stop crimes or negative incidents from occurring and to get help for people who have been victimized.

## WHAT IS BYSTANDER INTERVENTION?

1. Intervening in an Emergency
2. Helping in a Non-Emergency
3. Intervention can be direct or indirect

## ALCOHOL-RELATED RESOURCES

### Local:

Counseling Center

Location: 2<sup>nd</sup> Floor of the Center for Student Development

Phone Number: 401-254-3124

Health Services

Location: 2<sup>nd</sup> Floor of the Center for Student Development

Phone Number: 401-254-3156

Donna Darmody MS,

Director of Health Education

Location: 2<sup>nd</sup> Floor of the Center for Student Development

Phone Number: 401-254-3413

### National:

Substance Abuse and Mental Health Services

Administration: [www.ncadi.samha.gov](http://www.ncadi.samha.gov)

Substance Abuse Hotline: [www.hazeelden.org](http://www.hazeelden.org)

## SEXUAL ASSAULT-RELATED RESOURCES

### Local:

#### On-Campus

RWU Public Safety: 401-254-4357

They can connect you to the CORE on duty

RWU Health Services: 401-254-3124

RWU Counseling Center: 401-254-3124

#### Off-Campus

Day One Rape Crisis Center: 401-421-4100

Bristol Police Department: 401-253-6900

Women and Infants Hospital: 401-274-1100

Rhode Island Hospital: 401-444-4000

### National:

The Rape, Abuse & Incest National Network (RAINN): [www.rainn.org](http://www.rainn.org), 1-800-656-HOPE

National Sexual Violence Resource Center

[www.nsvrc.org](http://www.nsvrc.org), 1-877-739-3895

Male Survivor: [www.malesurvivor.org](http://www.malesurvivor.org),

1-800-739-4181

Men Can Stop Rape: [www.mencanstoprape.org](http://www.mencanstoprape.org)

## DISORDERED EATING-RELATED RESOURCES

### Local:

Counseling Center

Location: 2<sup>nd</sup> Floor of the Center for Student Development

Phone Number: 401-254-3124

Health Services

Location: 2<sup>nd</sup> Floor of the Center for Student Development

Phone Number: 401-254-3156

Donna Darmody MS,

Director of Health Education

Location: 2<sup>nd</sup> Floor of the Center for Student Development

Phone Number: 401-254-3413

### National:

National Eating Disorders Association

(NEDA): [www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

Confidential Helpline: 1-800-931-2237

National Association of Anorexia Nervosa and

Associated Disorders: [www.anad.org](http://www.anad.org)

Helpline: 630-577-1330

The Eating Disorder Foundation

[www.eatingdisorderfoundation.org/EDFLinks.htm](http://www.eatingdisorderfoundation.org/EDFLinks.htm) Phone: 303-322-3373