

# Flexible Spending Account (FSA) **A Member Guide**



## Maximize Your Take-home Income With an FSA through BCBSRI



Your flexible spending account (FSA) through Blue Cross & Blue Shield of Rhode Island (BCBSRI) allows you to pay for qualified expenses such as healthcare, dependent care, and commuter services with pre-tax dollars. Since taxes are not deducted from your FSA payroll contributions, you'll pay less in federal, state, and FICA taxes—which means more take-home pay! This guide provides the information you need to help you maximize your healthcare, dependent care, and/or commuter FSA.

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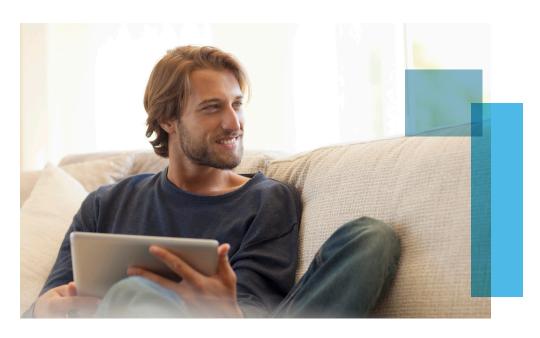
## Your **FSA Options**

#### **Healthcare FSA**

You can use your healthcare FSA to pay for qualified medical expenses such as medical, dental, and vision out-of-pocket costs. Below is a summary of qualified medical expenses. (This is just a summary. For a complete list of all eligible expenses, please refer to IRS Publication 502.)

Eligible Medical Expenses			
Ambulance	Contact Lenses	Hospital Services	
Artificial Limb or Prosthesis	Deductibles	Physician Fees	
Birth Control	Dental Expenses	Prescription Drugs	
Braces	Diagnostic/Lab Fees	Smoking Cessation Programs	
Chemical Dependency Treatment	Eyeglasses	Transplants	
Chiropractors	Eye Surgery	Weight Loss Program	
Copays	Hearing Aids		

Ineligible Expenses		
Cosmetic Surgery	Medicated Shampoo & Soap	Tissues
Deodorant	Mouthwash	Toiletries
Electrolysis Hair Removal	Multivitamins	
Health Club Dues	Teeth Whitening	



## Your FSA Options (continued)

#### **Dependent Care FSA**

You can use your dependent care FSA to pay for qualified dependent care expenses such as child day care and pre-school. You can contribute up to \$5,000 (or \$2,500 if married and filing separate income tax returns) to your FSA to be used for these expenses. Below is a summary of qualified dependent care expenses. (This is just a summary. For a complete list of all eligible expenses, please refer to IRS Publication 503.)

Eligible Medical Expenses	
Child day care programs	Funeral Expenses
Before and after school programs	Nursery school program
Home care (care giver cannot be spouse or dependent and is 19 years of age)	

#### **Commuter FSA**

You can use your commuter FSA to pay for qualified work-related commuter expenses. You can contribute up to \$255 per month to your FSA to be used for transportation expenses and another \$255 maximum for parking expenses. Below is a summary of qualified commuter expenses. (This is just a summary. For a complete list of all eligible expenses, please refer to IRS Publication 529.)

Eligible Expenses	
Bus vouchers and passes used to commute to and from work	Ferry passes used to commute to and from work
Carpooling in a "commuter highway vehicle" to and from work	Work-related parking

#### Ineligible Expenses

Mass transit and parking costs not associated with the commute to and from work

#### **How Your FSA Works**

- Your FSA is funded through payroll deductions each pay period.
- You have access to your full annual pledge amount on the first day of the plan.
- If your employer offers the rollover provision, you are allowed to rollover up to \$500 of unused funds from your previous plan year to the new plan year.
- If your employer offers a grace period, you have the first 75 days of the next year to use the prior year's contributions.
- If your employer does not offer the grace period or rollover provision, your unused funds will be forfeited at the end of the plan year.

## How to Use Your FSA to Pay for Qualified Expenses

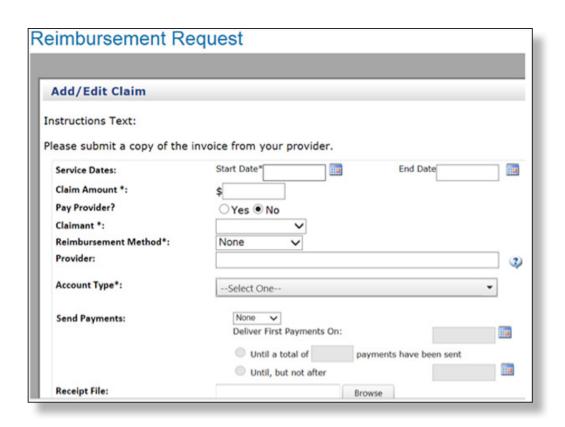
#### You have three convenient payment options:

#### **Debit Card**

- At the point of service, swipe your FSA MasterCard to pay the billed amount.
- If you receive a bill in the mail, you can call the merchant to pay with your debit card or provide your debit card number on the bill and mail it back to the merchant.

## Online Claim Submission through Member Portal or Mobile Application:

- Log into BCBSRI's FSA Portal (Please see log-in instructions on page 7) or mobile application (Please see download instructions on page 9).
- Click MY ACCOUNTS, then select REIMBURSEMENT REQUEST.
- Enter requested information about the FSA claim you want to submit online.
- Upload an image of your receipt by selecting BROWSE.
- When finished click OK.
- You will receive a reimbursement check in the mail within 5-10 business days.



## How to Use Your FSA to Pay for Qualified Expenses (continued)



#### **Paper Claim Submission**

• Submit a copy of the receipt for the eligible expense along with a claim reimbursement form to BCBSRI's FSA administrator, London Health Administrators:

#### By Mail

CDH Administrator 40 Commercial Way East Providence, RI 02914 Attn: BCBSRI Claims

#### By Fax

(401) 435-3937 Attn: BCBSRI Claims

#### By Email

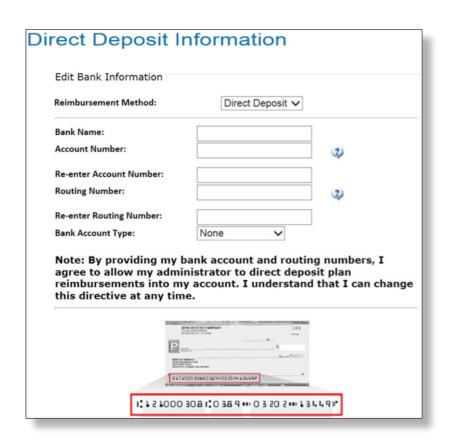
BCBSRIclaims@londonhealthusa.com Subject: BCBSRI Claims

 Claim Reimbursement Forms can be found on BCBSRI's FSA Portal under the EDUCATION RESOURCES tab.

## How to Get Reimbursed through Direct Deposits

After you submit an eligible paper or electronic claim for reimbursement, you can request that payment to be sent to you via direct deposit within your BCBSRI FSA portal. In order to schedule your direct deposits online please follow these directions:

- Log into your BCBSRI FSA portal (log-in instructions on page 7.)
- Click MY ACCOUNTS tab, then click REIMBURSEMENT SETTINGS
- Select DIRECT DEPOSIT within the REIMBURSEMENT METHOD data field
- Complete the necessary data fields within the DIRECT DEPOSIT INFORMATION section (see below)
- Once submitted through the portal, future reimbursements will be deposited directly into your designated bank account.



### Online Portal Instructions and Features

BCBSRI's FSA member portal offers easy-to-use tools that will help you maximize your FSA contributions. Below are instructions on how to log in to your FSA portal and descriptions of key features of the website.

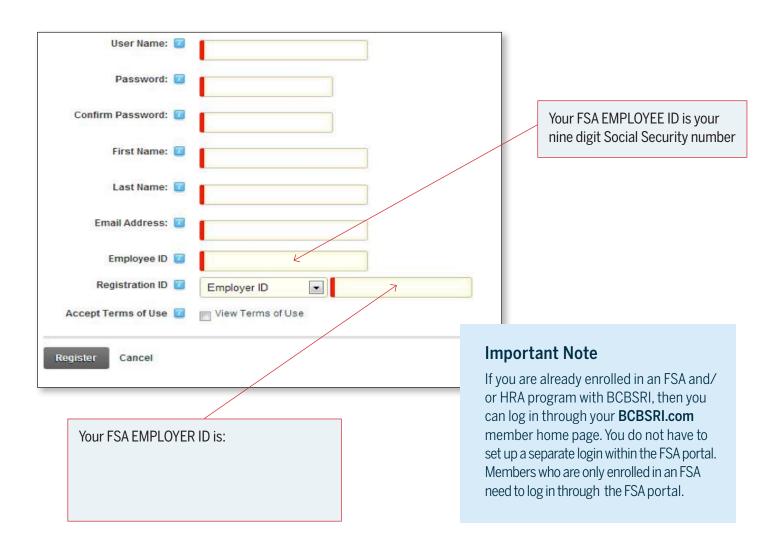
#### **Log-in Instructions**

**Step 1** — Go to www.mywealthcareonline.com/bcbsri, click LOGIN at the upper right corner of the page.

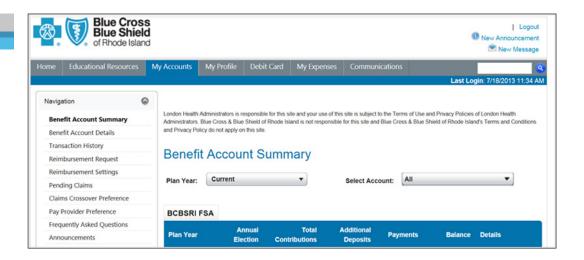
**Step 2** – Complete the registration page.

**Step 3** – When finished, click **REGISTER** toward the bottom of the page.

**Step 4** – After you have successfully registered, you will be asked to set up additional security information. When completed, you will be directed to your FSA portal.



## Online Portal Instructions and Features (continued)



#### **FSA Member Portal Tools and Resources:**

- EDUCATIONAL RESOURCES: Includes FSA videos, tools and calculators, FAQs, and FSA IRS limits.
- MY ACCOUNTS: Lists data associated with account and payment activity, including benefit account summary, benefit account details, transaction history, pending claims, reimbursement request, reimbursement settings, claims crossover preferences, and pay provider preference.

#### Please note:

Account type "FSA" = Healthcare Flexible Spending Account
Account Type "DCA" = Dependent Care Flexible Spending Account
Account Type "TRN" = Transportation Flexible Spending Account
Account Type "PKG" = Parking Flexible Spending Account

- MY PROFILE: Displays demographic information and mobile app registration instructions.
- DEBIT CARD: Verify your debit card status and number.
- MY EXPENSES: Provides you the ability to track medical, dental, vision, and prescription expenses.
- **COMMUNICATIONS**: View announcements, communication preferences, and contact information.



## How to Use Your Mobile App

The FSA mobile app (coming soon) will allow you to manage your FSA on the go. The mobile app can be downloaded within Apple and Android marketplaces. Below you'll learn how to download and set up the FSA mobile application. You can also read about its valuable features. (Please note, you can manage only your FSA from the mobile app, not your health plan benefits.)

#### **Download the Mobile Application:**

**Step 1** – Key in "Blue Cross & Blue Shield of Rhode Island BlueSolutions Spending On the Go" within the search engine of your Apple or Android smartphone.

**Step 2** – When you locate the app, click the icon and select **INSTALL**.

**Step 3** – Once installed, click the "BCBSRI BlueSolutions Spending On the Go" app icon on your smartphone's home screen.

 First-time users will have to create a USERNAME and PASSWORD. When you click on the app icon and the log-in screen comes up, click SIGN UP.

· Complete the registration page shown below:

User Name: 
Password: 
Confirm Password: 

First Name: 
Last Name: 
Email Address: 
Employee ID 
Registration ID 
Employer ID

Accept Terms of Use 
View Terms of Use

- When finished, click REGISTER.
- After you have successfully registered, you will be asked to set up additional security information.
   When completed you will be directed to your mobile app.

Your FSA EMPLOYEE ID is your nine digit Social Security number

Your FSA EMPLOYER ID is located on page 7.

## Summary of the Mobile App Features

 ACCOUNTS: Posts data such as account details, account balance, and recent transactions.

Please note:

**Account type "FSA"** = Healthcare Flexible Spending Account

**Account Type "DCA"** = Dependent Care Flexible Spending Account

**Account Type "TRN"** = Transportation Flexible Spending Account

**Account Type "PKG"** = Parking Flexible Spending Account

- CLAIMS: Submit claims for reimbursement.
- ALERTS: View messages and updates to your account, such as password changes and claim submission updates.
- **CONTACT US**: Find BCBSRI's customer service contact information.
- MORE: Access additional information, including About Us, Privacy & Security, and Clear Saved ID.



## FSA Annual Contribution Worksheet

The worksheet below will help you estimate your healthcare FSA and dependent care FSA contribution amount(s).

Your healthcare FSA annual contribution maximum is \$2,600. For dependent care FSA, your annual contribution maximum is \$5,000 per family (if you are a head of household or married and file a joint tax return) or \$2,500 (if you are married and file a separate tax return).

Healthcare FSA		Dependent Care FSA		
Annual Medical Expenses:		Annual Dependent Daycare Expenses:		
Deductibles, coinsurance, and co-payments Routine physical exams Well-baby care Hearing exams, hearing aids Prescription drugs Other eligible expenses  Dental expenses, such as: Gold fillings, crowns, fixed bridge or other restorative services Treatment exceeding your plan's limits  Vision care expenses, such as: Exams Eyeglasses, contact lenses	\$ \$ \$ \$ \$ \$	Day care center (s) for child care In-home care for child care Nursery and pre-school Before/after school care Au pair services Summer day camps Day care center for elder care In-home care for elder care	\$\$ \$\$ \$\$ \$\$	
Other estimated health-related expenses that may exceed your plan's limits Outpatient psychiatric care Therapy	\$ \$			
Estimated Healthcare FSA Contribution: This is the estimated amount you may want to contribute to your healthcare FSA. This amount cannot exceed the annual Healthcare FSA maximum amount of \$2,600 per year.	\$	Estimated Dependent Care FSA Contribution: This is the estimated amount you may want to contribute to your dependent care FSA. This amount cannot exceed the annual dependent care FSA maximum amount of \$5,000 per year.	\$	

Notes			

## Have questions about your health plan or FSA?

Call our Customer Service Department at the number printed on the back of your BCBSRI member ID card or 1-800-639-2227.

We're available Monday through Friday, 8:00 a.m. to 8:00 p.m. (EST).

Or, talk to your employer about your benefits.

